



THE PONY EXPRESS

WEEKLY CALENDAR

February 15, 2018

Thursday, February 15

9:00am – 1:00pm – The Stall is open
9:30am – Open Bridge in the Grille
11:30am – Mystery Lunch departs from the Clubhouse
1:30pm – Pinochle in Apt. A 102

Friday, February 16

9:00am – Centering Prayer in the Health Care “Quiet Room” (next week Fri. 2/23 in the Club Room)
10:00am – Sculpture Group in the Art Room
10:00am – ShopRite Shopping Trip departs from the Clubhouse
10:15am – Coffee Klatsch in the Grille
10:15am – Pool in the Billiards Room
7:15pm – Ch #1970 Movie: *Churchill*, starring Brian Cox and John Slattery

Saturday, February 17

Sunday, February 18

11:30am and 1pm Brunch
No Vespers Service tonight, our next service will be Feb. 25

Monday, February 19 Presidents' Day

No Mail Service

10:00am – Acme Shopping Trip departs from Clubhouse
10:00am – Chess in the Grille; beginners: we will teach you; no time clocks
11:00am – Ribbon Cutting & Open House Tours of the new Steeplechase Dining Rooms
12:30pm – Village Singers Rehearsal in the Auditorium (next week we will move our time to 3pm)
1:30pm – Book Club meets in Apt. A 102. We'll discuss *Go Went Gone* by Jenny Erpenbeck. All are welcome.
6:45pm – Duplicate Bridge in Apt. A 102 (next week we will meet in the Club Room)
7:00pm – Great Decisions discussion group meets in the Wellness Center, MPR

Tuesday, February 20 *Watercolor Lessons in the Art Studio (9-12 or 1-4)*

10:00am – Bible Study led by WHV Resident, Ted Behr, in the Club Room
2:00pm – Great Decisions discussion group meets in the Auditorium
3:00pm – Great Decisions discussion group meets in the Club Room
5:00pm – The Birthday Dinner gathers in Steeplechase: please check in with the hostess
7:00pm – Great Decisions discussion group meets in the Wellness Center, MPR
7:00pm – Bingo in the Auditorium – please note the time change – 7:00pm

Wednesday, February 21

9:30am – Bridge Lessons in the Club Room
10:00am – Shopping Trip to Wegmans departs from the Clubhouse (sign up with the Front Desk)
10:00am – Bible Study with Rev. Nikki Passante of Media Presbyterian Church will meet in the Tavern
12:30pm – Bell Ringers Rehearsal in the Auditorium
1:30pm – Caregiver Support Group meets in the Club Room
4:00pm – Four Seasons Sing a Long – all are welcome to join us

Thursday, February 22

9:00am – 1:00pm – The Stall is open; stop in for some great bargains
9:30am – Open Bridge in the Grille
1:30pm – Pinochle in the Club Room
7:00pm – Partner Bridge in the Grille (BYO Cards and play as long as you like)

visit us on the web at www.whitehorsevillage.net

NOTICES

The Director on Duty the weekend of February 16 is Kathleen Trazzera

TAKE NOTE that the Club Room will be open for meetings and card games starting Monday evening 2/19. If you haven't already, please reserve your meeting time with Hilary in Activities, 610-558-5076, or Hboucher@whitehorsevillage.org. We'll do the best we can to accommodate you.

VILLAGE SINGERS: Monday, February 19 rehearsal will remain at 12:30pm. Beginning, Monday, February 26, we return to our 3pm rehearsal time in the Auditorium.

ATTENTION “GRAMMY AND SQUEEZE”! Please call Betsy Miller at 610-558-5010. She has a piece of mail addressed to you!

PERFORMING ARTS: Join us for the return of *Four on the Floor*, with a program on Nat King Cole in the WHV Auditorium on Saturday, February 24, at 7:00pm. See you there.

MARK YOUR CALENDAR: A Town Hall Meeting, led by CEO, Len Weiser, is scheduled for Wednesday, February 28, at 10:00am in the Auditorium.

CHANGE OF DATE: If you noted that Performing Arts was hosting the amazing Jordan Dodson, classical guitarist on Wednesday 2/28, please remove it from your calendar. Due to an unexpected conflict with Jordan, we must reschedule. Don't worry...there is a lot of wonderful entertainment coming your way! Stay tuned.

LIBRARY NEWS: Last month, Irene Bassow did the special display in the library of Non Fiction books. This month Mary Mangelsdorf is featuring her favorite Non Fiction. Come in and look over the display and check out a book.

SAVE THE DATE: *THE MARVELS OF 3-D PRINTING* -An interesting presentation on 3-D Printers by Dr. Barbara Amann (Thompson) is coming to WHV on Friday, March 2 at 11:00am in the Auditorium. A 3-D Printer: Technology for printing physical 3D objects from digital data. You've seen it in the news: come to the Auditorium to learn more and to see some fascinating examples. Don't miss it.

THE HEALTH AND WELLNESS FAIR is scheduled for Thursday, June 14, 2018, 9:30am – 2:00 pm. Please join us for our first meeting **Wednesday, February 28, 2018 at 3:45pm** in the Auditorium. This fun event, invites over 50 healthcare vendors to offer healthcare information and screenings. **Volunteers** are needed for your ideas, help with set-up, take-down and parking. Any questions, call Kathleen Trazzera at 610-558-5063.

VOLUNTEERS NEEDED: Would you consider delivering mail to Bridlewood & Centerbury Residents? The commitment is small, but the reward is big! Call Fay Gregg at 610-558-4098 or stop by the Mail Room to ask about details.

THE AGE WELL STUDY SURVEYS were mailed out to you. Please take some time to complete this survey and return it to Betsy Miller. This is our opportunity to take place in a study that will impact the future of life care communities. Don't miss out! You may even win a \$25 gift card!

LET'S PLAY PING PONG! We have two tournaments scheduled – A Doubles Tournament: Friday, March 2 and a Singles Tournament: Friday, March 9. Sign up in the Welcome center. Questions - see Bob Hemphill.

SAVE THE DATE: THURSDAY, MARCH 8, 3:00-4:30pm in the Auditorium. The resident members of our Health Service Advisory Committee have planned another interesting and helpful program: *A conversation about how to speak with your doctor about your end-of-life decisions.* The presenter will be Dr. Charles P. Catania, who is board certified in Family Medicine and Hospice Medicine. He is currently in practice with Gateway Medical Associates in West Chester and is Hospice Medical Director for Willow Tree Hospice, Kennett Square. More details forthcoming!

MEDICAL TRANSPORTATION REQUEST: Request forms are in the Welcome Center in the Clubhouse. Please fill the form out at least three business days (M-F) before needing transportation, then give to the Front Desk. The Transportation Supervisor will schedule the pickup time with you. If you have any questions please call 610-558-5020.

2018-2019 ORCHESTRA "B" SERIES: If you are planning on purchasing tickets for the 2018-2019 Season – WHV transports only to the Friday, "B" Series. If you would like to take the bus contracted through Wertz, you need to put **in writing** the name of your party and the exact dates that you need transportation. Please give the list to either Laurena at the Front Desk or to Hilary in Activities. Stay tuned for cost of the bus; there will be an increase for next year.

FLU NOTICE: There are confirmed cases of Influenza in our community. Therefore, residents are strongly advised to take the following precautions: If you are experiencing flu-like symptoms, please remain in your home. Call your physician and/or Outpatient Services. Please do not come to the Clubhouse.

TRIPS & TRAVELS

**Please sign up for trips at the Front Desk Monday through Friday.
Let Laurena know if you need a ride to the Clubhouse.**

TUESDAY, MARCH 6: THE PHILADELPHIA FLOWER SHOW. *Wonders of Water.* Visitors will enter the show and instantly feel as if they have been transported into a modern, imaginative jungle, reminiscent of nature's diverse rainforest, featuring a playful, wildly colorful embellished landscape. This trip requires a lot of walking. Enjoy the beauty of the flower show with time to shop and eat as well. The WHV Bus leaves at 9:30am and returns for home by 2:00pm. Cost for ticket and transportation is \$40.

ADVENTURE AQUARIUM: Join us on **TUESDAY, MARCH 27**, as we visit Adventure Aquarium in New Jersey. We will depart WHV at 9:15am and return for home at 1:30pm. Together, we'll enjoy about 8,000 animals living in varied forms of semi-aquatic, freshwater and marine habitats. Penguins, Hippos, Sea Turtles and more! What a great trip! Lunch on your own in their casual café. Cost is \$25, which includes transportation and entrance to the aquarium.